

Cabinet



Date of meeting:	14 October 2024
Title of Report:	Ageing Well: State of Ageing in Plymouth 2024 Report
Lead Member:	Councillor Mrs Mary Aspinall
Lead Strategic Director:	Ruth Harrell (Director of Public Health)
Author:	Laura Juett, Public Health Specialist
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Your Reference:	Click here to enter text.
Key Decision:	No
Confidentiality:	Part I - Official

Purpose of Report

The Ageing Well programme was agreed at Cabinet in December 2023. It is Plymouth's commitment to ensuring that the city provides the best environments and opportunities for people to thrive as they move into their later years. The programme is based on the Centre for Ageing Better Framework for Age Friendly Communities. This means we are giving focus to healthy ageing, creating age friendly places and spaces, ensuring relevant and good quality work and training opportunities and making sure that people feel included and connected as they age.

The State of Ageing in Plymouth 2024 report provides a picture of what it is like to age and live life as an older person in Plymouth. It brings together some key statistics, the voices and insights of organisations and people in the city, and case studies of initiatives and services that are in place to support people as they age. The report defines the initial priorities for the Ageing Well programme.

Recommendations and Reasons

That Cabinet:

1. Notes the State of Ageing in Plymouth 2024 report;
2. Approves the priorities outlined in the report.

Alternative options considered and rejected

The population in Plymouth is ageing with the number of people aged 50 and over predicted to rise to 40.6% of the local population by 2043 and the number of people aged 80 and over predicted to increase from 13,200 to 22,600 by 2043.

There are risks in not responding to this demographic change and in not ensuring the best environments and opportunities to support people to age well and live healthy, connected and fulfilling lives. The key risks are that people spend more time in poorer health in later life leading to an

increased demand for health and social care services and that there is a decline in employment in people over 50 that will have a negative impact on economic activity and prosperity.

Relevance to the Corporate Plan and/or the Plymouth Plan

The Programme responds directly to the Corporate Plan – in particular ‘making Plymouth a great place to grow up and grow old’ and in addressing inequality and inequity in the city.

It supports a number of policies in the Plymouth Plan including those concerned with reducing health inequalities, playing an active role in the community, delivering skills and talent development and celebrating diverse communities.

Implications for the Medium Term Financial Plan and Resource Implications:

There are no current implications for the Medium Term Financial Plan. The Ageing Well Programme currently uses existing staff resources and budgets. Opportunities for external funding will be sought for specific projects within the programme.

Financial Risks

None

Carbon Footprint (Environmental) Implications:

The initial priorities for the Ageing Well programme include engaging people over 50 in the Climate Ambassador Programme, promoting active travel for over 50s and improving the uptake of home energy efficiency measures for those aged 50 and over.

Other Implications: e.g. Health and Safety, Risk Management, Child Poverty:

** When considering these proposals members have a responsibility to ensure they give due regard to the Council's duty to promote equality of opportunity, eliminate unlawful discrimination and promote good relations between people who share protected characteristics under the Equalities Act and those who do not.*

Age is a protected characteristic the Ageing Well programme responds directly to the Council's duty to promote equality of opportunity.

Appendices

**Add rows as required to box below*

Ref.	Title of Appendix	Exemption Paragraph Number (if applicable) <i>If some/all of the information is confidential, you must indicate why it is not for publication by virtue of Part 1 of Schedule 12A of the Local Government Act 1972 by ticking the relevant box.</i>						
		1	2	3	4	5	6	7
A	State of Ageing Report							
B	Priorities for Ageing Well Programme (from State of Ageing Report)							
C	EIA							

Background papers:

**Add rows as required to box below*

Please list all unpublished, background papers relevant to the decision in the table below. Background papers are unpublished works, relied on to a material extent in preparing the report, which disclose facts or matters on which the report or an important part of the work is based.

Title of any background paper(s)	Exemption Paragraph Number (if applicable)						
	If some/all of the information is confidential, you must indicate why it is not for publication by virtue of Part 1 of Schedule 12A of the Local Government Act 1972 by ticking the relevant box.						
	1	2	3	4	5	6	7
N/A							

Sign off:

Fin	DJN. 24.25. 096	Leg	LS/00 0013 12/2/ AC/1/ 10/24	Mon Off	N/A	HR	N/A	Asset s	N/A	Strat Proc	N/A
Originating Senior Leadership Team member: Ruth Harrell (Director of Public Health)											
Please confirm the Strategic Director(s) has agreed the report? Yes											
Date agreed: 02/10/2024											
Cabinet Member approval: Councillor Mary Aspinall (Cabinet Member for Health and Social Care)											
Date approved: 02/10/2024											